



ROMANO'S
Macaroni
GRILL®

NUTRITION FACTS

ANTIPASTI	Calories (kcal)	Calories from fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)
Crispy Artichokes	470	400	45	7	0.00	5	480	17	1	2	2
Calamari Fritti	760	490	55	9	0.00	435	700	33	4	7	33
Caprese Salad	510	390	44	18	0.50	100	510	15	2	7	16
Stuffed Mushrooms	510	340	38	13	0.00	60	590	20	3	5	21
Spinach + Artichoke Dip	1,100	540	61	29	1.50	130	1,980	109	7	8	30
Spinach + Artichoke Dip w/Shrimp	1,150	560	62	29	1.50	200	2,290	109	7	8	39
Mushroom Arancini	610	360	40	20	0.50	160	1,040	40	1	2	22
Crispy Brussels Sprouts	370	220	25	4	0.00	0	800	37	8	20	7
Crispy Brussels Sprouts w/Crispy Prosciutto	410	240	28	5	0.00	15	1,080	37	8	20	11
Signature Mac + Cheese Bites	920	630	70	25	1.00	310	1,190	44	2	5	30
Goat Cheese Peppadew Peppers	350	100	11	6	0.00	25	660	56	3	40	6
Bruschetta	670	390	43	9	0.00	25	1,830	55	4	7	17
Baked Prosciutto + Mozzarella	610	330	36	19	0.00	100	1,430	35	1	3	38
Crispy Fresh Mozzarella	820	700	79	16	0.00	145	210	17	1	1	13
SOUPS	Calories (kcal)	Calories from fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)
Tomato Basil	110	100	8	5	0.50	0	670	9	2	5	2
Roasted Mushroom	180	90	10	5	0.00	25	1,160	19	1	6	6
Italian Herb Soup	70	20	2	1	0.00	5	125	8	2	1	4
Lobster Bisque	320	250	36	16	1.00	85	1,580	14	1	4	5
Tuscan Bean Soup	80	80	9	3	0.00	25	480	8	1	2	7

SALAD	Calories (kcal)	Calories from fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)
Italian Chopped	490	300	34	13	0.50	85	2,280	20	4	11	27
Italian Chopped - Side/Mix + Match	320	210	23	9	0.00	55	1,490	10	2	5	16
Bibb + Bleu	520	380	42	12	0.00	55	1,070	17	4	5	23
Bibb + Bleu w/Chicken	680	390	43	12	0.00	85	1,380	18	5	5	61
Bibb + Bleu w/Shrimp	590	390	43	12	0.00	170	1,850	18	4	5	36
Bibb + Bleu w/Salmon	830	520	57	18	0.00	180	1,760	14	2	5	63
Bibb + Bleu - Side/Mix + Match	270	200	22	6	0.00	30	560	9	2	3	12
Parmesan-Crusted Chicken	1,080	430	48	9	0.00	250	910	100	7	16	64
Chicken Florentine	1,340	840	94	14	0.00	45	2,080	89	12	14	36
Chicken Florentine - Side/Mix + Match	500	260	29	5	0.00	25	1,230	44	5	5	19
Rosa's Signature Caesar	470	370	41	10	0.00	65	920	14	4	3	13
Rosa's Signature Caesar w/Chicken	630	370	41	11	0.00	90	1,090	15	5	3	51
Rosa's Signature Caesar w/Shrimp	540	380	42	11	0.00	180	1,710	15	4	3	26
Rosa's Signature Caesar w/Salmon	990	690	77	18	15.00	190	1,290	18	4	3	60
Rosa's Signature Caesar - Side/Mix + Match	240	180	20	5	0.00	30	460	7	2	2	7
Fresh Greens	360	280	32	4.5	0.50	0	330	20	4	9	4
Fresh Greens - Side/Mix + Match	190	140	16	2	0.00	0	190	11	2	5	2

SANDWICHES	Calories (kcal)	Calories from fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)
Chicken Parmesan	1,270	560	63	17	0.00	170	1,580	110	7	5	65
Chicken Parmesan Sandwich Mix + Match	380	120	30	8	0.00	65	960	42	3	3	25
Italian Pesto Caprese	630	330	36	10	0.00	170	1,260	54	4	7	20
Italian Pesto Caprese Sandwich Mix + Match	440	250	28	11	0.00	0	830	28	2	4	18
Meatball	1,180	650	73	30	1.00	230	2,520	70	6	9	56
Meatball Sandwich Mix + Match	590	330	36	15	0.00	115	1,260	35	3	5	28
CALZONETTOS	Calories (kcal)	Calories from fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)
Pepperoni Calzonetto	1,380	540	60	26	0.00	105	1,670	142	5	6	64
Chicken Caesar Calzonetto	1,360	500	56	17	0.50	95	3,150	150	7	10	65
SIDES	Calories (kcal)	Calories from fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)
Parmesan Truffle Fries	610	290	32	8	0.00	5	1,680	74	6	12	10
Grilled Asparagus	150	130	14	3	0.00	0	260	3	2	2	2
Buttermilk Mashed Potatoes	480	350	40	24	1.50	115	780	21	2	3	12
Broccolini	100	60	7	1	0.00	0	540	7	1	2	3
Crispy Brussels Sprouts	190	110	13	2	0.00	0	570	18	4	10	4
Spinach, Sun-Dried Tomato + Trofie Pasta	480	150	17	3	0.00	0	570	70	5	3	14

BRICK OVEN PIZZAS	Calories (kcal)	Calories from fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)
Pepperoni	1,280	490	76	26	1.00	115	2,860	143	1	9	54
Margherita	1,140	370	41	16	0.00	65	2,310	146	6	10	47
Cheese	1,170	370	41	21	0.50	100	2,040	146	6	10	56
Farmhouse	1,350	540	60	26	1.00	130	3,030	136	1	7	59
Add Buffalo Mozzarella	210	150	17	11	0.00	75	140	4	0	1	11
Add Smoked Buffalo Mozzarella	210	150	17	11	0.00	75	140	4	0	1	11
CHICKEN	Calories (kcal)	Calories from fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)
Chicken Scaloppine	1,240	670	76	39	2.50	205	1,680	83	10	2	61
Chicken Scaloppine - Lunch Portion	1,050	670	76	39	2.50	175	1,350	59	6	2	35
Chicken Parmesan	1,610	820	92	17	0.50	260	1,890	120	10	13	79
Chicken Parmesan - Lunch Portion	960	410	96	20	1.00	120	1,600	97	8	7	51
Carmela's Chicken	1,090	540	61	25	1.50	175	1,380	98	7	9	33
Carmela's Chicken - Mix + Match	630	280	31	13	0.50	85	760	66	4	5	19
Pollo Caprese	560	200	22	4	0.00	70	1,080	40	5	6	50
Chicken Marsala	790	290	32	10	0.50	110	1,010	61	4	6	54
Chicken Marsala - Lunch Portion	670	230	26	7	0.00	30	810	74	5	4	31

SEAFOOD	Calories (kcal)	Calories from fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)
Grilled Mahi-Mahi w/ Pesto Gnocchi	900	290	33	11	0.00	205	2,540	99	3	6	55
Grilled Salmon	930	400	45	9	0.00	0	1,690	82	6	11	61
Pasta di Mare	1,030	390	43	11	0.00	225	2,450	101	7	5	55
Shrimp Portofino	1,200	690	78	38	2.00	320	1,820	93	7	2	36
Lobster Ravioli	920	650	74	46	3.00	340	1,390	36	3	3	31
Shrimp Scampi	1,180	780	88	53	3.50	465	2,560	56	4	1	35
Parmesan-Crusted Sole	1,180	590	66	18	1.00	150	1,380	115	8	6	35
CARNE	Calories (kcal)	Calories from fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)
Grilled Steak & Potatoes w/Rosemary Butter	1,250	840	94	45	3.00	340	2,440	34	4	5	72
Grilled Steak & Potatoes w/Oreganata Sauce	1,220	760	85	34	2.00	290	2,950	42	4	10	73
Braised Lamb Shank	1,390	900	101	52	1.50	370	2,010	29	2	8	78
Grilled Pork Chop w/Wild Mushroom Risotto	1,420	830	93	48	2.50	360	2,770	48	2	6	88
Porterhouse Steak	1,480	1,020	115	54	5.00	375	1,810	16	4	9	96
SEASONAL MENU	Calories (kcal)	Calories from fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)
Mushroom Arancini	610	360	40	20	0.50	160	1,040	40	1	2	22
Lamb Bracirole	1,560	1,020	113	45	1.50	240	2,360	81	7	6	55
Pork Saltimbocca	1,500	960	107	39	0.50	335	2,280	23	3	3	108
Spaghetti Carbonara	1,550	1,000	112	57	2.00	520	1,950	91	7	7	48
Pumpkin Spice Cannoli	620	290	32	15	0.00	70	200	60	4	31	14

PASTA	Calories (kcal)	Calories from fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)
Butternut Tortellacci	980	580	66	39	1.00	290	2,380	63	6	6	33
Butternut Tortellacci - Lunch Portion	700	410	45	22	1.00	155	1,770	45	4	3	28
Pasta Milano	1,040	350	39	13	0.00	100	1,850	123	13	13	49
Pasta Milano - Lunch Portion	600	210	24	9	0.00	50	990	69	5	4	28
Mushroom Ravioli	930	590	66	30	1.50	195	970	53	5	13	17
Lasagna Bolognese	1,110	610	67	31	1.00	215	2,740	69	6	16	60
Pomodoro Tortellacci	460	280	98	18	2.00	90	1,240	44	6	9	16
Mama's Trio	2,110	1,150	129	56	2.50	420	3,940	140	9	19	103
Signature Truffle Mac + Cheese	1,060	780	89	56	1.50	290	2,970	24	1	6	45
Signature Truffle Mac + Cheese w/Prosciutto	1,130	820	93	58	1.50	320	3,470	25	1	6	53
Mom's Ricotta Meatballs + Spaghetti w/Pomodorina	1,270	670	141	35	2.00	235	2,550	105	10	9	58
Mom's Ricotta Meatballs + Spaghetti w/Pomodorina - Lunch Portion	850	430	92	23	1.50	150	1,740	74	7	6	39
Mom's Ricotta Meatballs + Spaghetti w/Bolognese	1,460	750	105	36	1.00	290	3,320	111	10	10	73
Mom's Ricotta Meatballs + Spaghetti w/Bolognese - Lunch Portion	950	480	75	23	1.00	175	2,130	77	7	7	46
Fettuccine Alfredo	1,140	500	56	33	1.50	145	1,840	114	6	5	44
Fettuccine Alfredo - Lunch Portion	590	260	29	16	0.50	65	890	64	4	1	19
Fettuccine Alfredo w/Chicken	1,370	640	72	36	1.50	210	2,470	117	6	6	66
Fettuccine Alfredo w/Chicken - Lunch Portion	770	390	44	19	1.00	95	1,460	66	4	1	31
Fettuccine Alfredo w/Shrimp	1,310	630	71	35	1.50	235	2,480	115	6	5	53
Fettuccine Alfredo w/Shrimp - Lunch Portion	740	390	43	19	1.00	120	1,400	64	4	1	25
Eggplant Parmesan	1,340	800	90	16	0.50	220	1,520	103	10	15	34

PASTA	Calories (kcal)	Calories from fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)
Penne Rustica	1,060	470	52	21	0.50	315	3,020	82	3	5	66
Penne Rustica - Lunch Portion	670	240	26	11	0.00	130	1,860	68	4	2	41
Sausage Rigatoni	1,100	610	67	29	1.00	170	1,260	87	6	4	36
Sausage Rigatoni - Lunch Portion	720	380	42	18	0.50	100	970	61	4	2	25
CREATE YOUR OWN PASTA	Calories (kcal)	Calories from fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)
<i>Bronze-Cut Pasta</i>											
Spaghetti	400	35	4	0	0.00	0	260	79	5	0	12
Capellini	400	35	4	0	0.00	0	260	79	5	0	12
Penne	400	35	4	0	0.00	0	260	79	5	0	12
Fettuccine	510	40	5	1	0.00	0	340	102	6	0	15
Rigatoni	400	35	4	0	0.00	0	260	79	5	0	12
Gluten-free Tagliatelle	520	60	6	2	0.00	205	180	99	4	4	16
<i>Sauces</i>											
Imported Pomodorina	310	210	23	3	0.00	0	860	15	4	9	4
Arrabbiata	470	340	39	5	0.00	0	840	21	4	9	5
Bolognese	430	290	32	6	0.00	65	1,160	15	3	6	20
Alfredo	640	520	58	35	1.00	115	1,230	12	0	1	19
Pesto	400	350	69	14	0.00	35	1,440	5	1	1	13
Lemon Butter	430	330	37	15	0.00	60	850	12	2	6	6
Garlic Olive Oil	510	490	54	8	0.00	0	260	5	0	0	1
Roasted Garlic Cream Sauce	490	350	39	17	0.50	65	1,160	17	1	3	19

CREATE YOUR OWN PASTA	Calories (kcal)	Calories from fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)
	<i>Top It Off - 1oz Portions</i>										
Roasted Peppers	10	0	0	0	0.00	0	90	2	0	2	0
Fresh Spinach	8	0	0	0	0.00	0	23	1	1	0	1
Roasted Tomatoes	15	10	1	0	0.00	0	80	1	0	1	0
Sun-Dried Tomatoes	40	20	2	0	0.00	0	50	4	2	2	1
Roasted Garlic	40	10	0	0	0.00	0	40	8	0	0	2
Broccolini											
Roasted Mushrooms	5	0	0	0	0.00	0	0	2	1	1	2
Fresh Mushrooms	5	0	0	0	0.00	0	0	1	1	1	1
Mediterranean Olives											
Asparagus											
Smoked Buffalo Mozzarella	210	150	17	11	0.00	75	140	4	0	1	11
<i>Add Proteins</i>											
Roasted Chicken	110	15	2	1	0.00	60	640	3	0	1	24
Shrimp	170	130	15	1	0.00	85	640	1	0	0	9
Scallops											
Italian Sausage	430	350	39	10	0.00	75	740	2	1	0	17
Meatballs	420	290	32	14	0.00	135	900	9	1	1	24
Mussels											

KIDS	Calories (kcal)	Calories from fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)
Pepperoni Pizza	570	170	19	10	0.00	15	1,230	70	1	4	24
Cheese Pizza	500	110	13	7	0.00	0	1,000	69	1	4	22
Spaghetti w/Pomodorina Sauce	290	80	8	1	0.00	45	470	43	3	5	9
Spaghetti w/ Meatballs	660	330	37	15	0.00	185	1,140	48	4	4	33
Spaghetti w/ Meat Sauce	360	130	14	4	0.00	70	790	45	3	5	16
Fettuccine Alfredo	470	220	24	14	0.50	120	770	42	1	4	20
Macaroni + Cheese	540	280	31	18	1.00	145	1,190	44	1	8	21
Cheese Ravioli	420	180	21	8	0.50	70	1,160	36	4	8	19
Grilled Chicken w/ Buttermilk Mashed Potatoes	600	360	40	24	1.50	130	1,150	28	3	5	35
Chicken Strips w/ Salad	870	430	49	8	0.00	175	450	65	4	5	44
Chicken Strips w/ Broccolini	860	400	45	8	0.00	170	380	67	5	5	46
Chicken Strips w/ Fries	1,250	650	73	13	0.00	170	1,750	108	7	20	46
Vanilla Bean Ice Cream	100	35	4	4	0.00	5	30	15	1	11	2
DOLCE	Calories (kcal)	Calories from fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)
Pumpkin Spice Cannoli	620	290	32	15	0.00	70	200	60	4	31	14
Romano's Cannoli	640	290	32	15	0.00	60	210	69	5	38	15
Decadent Chocolate Cake	1,090	790	88	48	1.50	225	500	79	5	48	9
Sticky Toffee Pudding Cake	830	340	38	20	0.00	105	620	68	4	74	12
Tiramisu	600	350	39	24	1.50	170	65	54	1	40	7
New York Style Cheesecake	690	370	41	25	1.50	20	420	70	4	12	10
Lemon Passion	740	400	45	25	1.50	40	430	77	3	7	8
Vanilla Bean Ice Cream	310	110	13	10	0.00	20	105	42	0	27	6

BRUNCH	Calories (kcal)	Calories from fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)
Italian Biscuits + Gravy	1,440	940	105	52	2.00	265	2,340	84	4	17	41
Avocado Toast w/Fried Eggs	1,470	920	102	19	3.00	195	2,450	120	21	39	24
Eggs Benedict w/Charred Lemon	1,030	630	70	29	1.00	520	2,470	67	4	15	31
Eggs Benedict w/Basil Pesto Hollandaise	1,180	770	86	31	1.00	520	2,540	69	5	15	32
Breakfast Americano	915	698	79	33	1.00	716	1,756	15	1	3	36
Breakfast BLT	1,580	1,040	116	27	3.00	470	3,080	91	10	14	44
French Toast w/Nutella Stuffing	1,589	848	95	50	1.00	357	1,287	156	13	73	29
French Toast w/Sweet Berry Topping	1,440	700	79	45	1.00	355	1,270	161	12	74	25
Side of Bacon	359	287	32	11	0.00	79	788	2	0	1	15
Side of Two Eggs	350	290	32	7	5.00	375	640	1	0	0	13
Side of Two Biscuits	1,050	650	73	39	2.00	160	1,950	76	3	15	22
Side Crispy Parmesan Potatoes	150	60	7	1	0.00	0	270	21	2	2	3
Side of Brioche Toast	480	280	31	18	1.00	60	630	44	5	5	7
Side of Italian Sausage	580	460	52	15	0.00	110	1,110	3	2	0	26
HAPPY HOUR	Calories (kcal)	Calories from fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)
Bruschetta	670	390	43	9	0.00	25	1,830	55	4	7	17
Crispy Brussels Sprouts	370	220	25	4	0.00	0	800	37	8	20	7
Toasted Cheese Ravioli	680	370	58	13	1.00	150	1,020	58	3	4	20
Signature Mac + Cheese Bites	920	630	70	25	1.00	310	1,190	44	2	5	30
Flatbread - Margherita	610	220	48	13	0.50	50	1,740	73	2	7	27
Flatbread - Pepperoni	610	220	47	13	0.50	60	1,550	71	1	6	27
Flatbread - Sausage + Peppers	720	290	55	15	0.50	80	1,780	75	2	8	33
Crispy Artichokes	470	400	45	7	0.00	5	480	17	1	2	2
Spicy Ricotta Meatballs	700	470	76	25	1.00	190	1,680	20	3	5	37

BEVERAGES	Calories (kcal)	Calories from fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)
Blood Orange Cosmo	200	0	0	0	0	0	0	14	0	12	0
Italian Mule	230	0	0	0	0	0	5	21	0	19	0
Italian Margarita – Basil	240	0	0	0	0	0	240	25	0	16	0
Italian Margarita – Cucumber	240	0	0	0	0	0	240	26	1	17	1
Italian Margarita – Strawberry	260	0	0	0	0	0	240	31	1	25	1
Prima Margarita	440	0	0	0	0	0	1000	52	0	47	0
Ultimate Bellini	430	0	0	0	0	0	0	72	0	71	0
Sorrento Lemonade	390	0	0	0	0	0	0	35	0	33	0
White Peach Sangria	190	0	0	0	0	0	0	26	0	24	0
Red Sangria	270	0	0	0	0	0	10	23	2	13	1
White Sangria	270	0	0	0	0	0	10	23	2	13	1
Frosé	210	0	0	0	0	0	5	32	1	29	1
Lunetta Prosecco Split Mimosa	180	0	0	0	0	0	10	15	0	14	1
Grande Bloody Mary	400	160	18	8	0	45	3,730	32	2	18	12
Grande Bloody Mary with Grilled Shimp Spiedini	450	160	18	8	0	130	4,120	32	2	18	21
Bloody Mary	400	160	18	8	0	45	3,730	32	2	18	12
Mimosa	180	0	0	0	0	0	10	15	0	14	1

NON-ALCOHOLIC BEVERAGES	Calories (kcal)	Calories from fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)
Frizzante - Cucumber	30	0	0	0	0	0	35	7	0	0	0
Frizzante - Strawberry Cucumber	70	0	0	0	0	0	40	18	1	9	1
Ginger Cream Soda	150	15	2	1	0	5	20	36	1	31	1
Cranberry Orange Spritz	140	0	0	0	0	0	30	36	1	31	0
Limonata Nojito	170	0	0	0	0	0	25	47	2	41	0
Italian Soda - all flavors	130	0	0	0	0	0	35	31	0	31	0
Flavored Tea - all flavors	100	0	0	0	0	0	10	24	0	22	0
Flavored Lemonade - all flavors	310	0	0	0	0	0	85	85	0	64	0