



ROMANO'S
Macaroni
GRILL®

ALLERGEN GUIDE

The following information was designed to assist our Guests who have food allergies. Because of our reliance on suppliers for accurate information, the shared cooking and preparation areas in our kitchens, and the fact that our food is prepared to order we cannot fully eliminate the risk of cross-contamination or guarantee that any item is free of any allergen. The information below details common allergens and in which menu items they may be present. Neither Macaroni Grill, nor its affiliated entities, warrant or guarantee that the following guide will eliminate or prevent allergic reactions.

Before placing your order, please inform your server if a person in your party has a food allergy.

ANTIPASTI	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS*	SHELLFISH	WHEAT	FRIED****
Mac & Cheese Bites, Truffle Dip/ Happy Hour	X		X		X			X	X
Baked Prosciutto & Mozzarella			X		X			X	
Spicy Ricotta Meatballs	X		X		X			X	
Crispy Brussel Sprouts					X			X	X
Crispy Brussel Sprouts w/Crispy Prosciutto					X			X	X
Bruschetta/ Happy Hour			X		X			X	
Goat Cheese Peppadew Peppers	X		X		X			X	
Calamari Fritti	X		X		X		X	X	X
Crispy Fresh Mozzarella/ Happy Hour	X		X		X			X	X
Crispy Artichokes/ Happy Hour	X				X			X	X
Stuffed Mushrooms			X		X			X	
Spinach + Artichoke Dip			X		X			X	
Spinach + Artichoke Dip w/Shrimp			X		X		X	X	
<i>Soups</i>									
Tomato Basil					X			X	
Minestrone					X			X	
Roasted Mushroom			X		X			X	
Italian Herb Soup			X		X	X		X	
Lobster Bisque		X	X		X		X	X	
Tuscan Spinach Soup			X		X			X	

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SALAD	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS*	SHELLFISH	WHEAT	FRIED****
Parmesan Crusted Chicken	X		X		X			X	X
Caprese			X						
Entrée Rosa's Caesar	X	X	X		X			X	
Entrée Rosa's Caesar w/Chicken	X	X	X		X			X	
Entrée Rosa's Caesar w/Shrimp	X	X	X		X		X	X	
Entrée Rosa's Caesar w/Salmon	X	X	X		X			X	
Chicken Florentine			X		X	X		X	
Italian Chopped Salad		X	X		X			X	
Crunchy Lombardi			X		X				
Side Italian Chopped Salad		X	X		X			X	
Side Crunchy Lombardi			X		X				
Entrée Bibb & Bleu	X		X		X	X		X	X
Entrée Bibb & Bleu w/Chicken	X		X		X	X		X	X
Entrée Bibb & Bleu w/Shrimp	X		X		X	X	X	X	X
Entrée Bibb & Bleu w/Salmon		X	X		X	X		X	X
Side Bibb & Bleu	X		X		X	X		X	X
Side Rosa's Caesar Salad	X	X	X		X			X	
Side Florentine Salad			X		X	X		X	
Side Caprese Salad			X						
Side Fresh Greens Salad					X			X	
Chicken Milanese Panzanella	X		X		X			X	X

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ARTISAN PIZZA	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS*	SHELLFISH	WHEAT	FRIED****
Farmhouse			X		X			X	
Margherita			X		X			X	
Cheese			X		X			X	
Pepperoni			X		X			X	
Piedmont			X		X	X		X	
Add Buffalo Mozzarella			X						
Add Smoked Buffalo Mozzarella			X						
CHICKEN	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS*	SHELLFISH	WHEAT	FRIED****
Chicken Marsala			X		X			X	
Pollo Caprese			X		X			X	
Chicken Scaloppine			X		X			X	
Chicken Parmesan	X		X		X			X	
SEAFOOD	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS*	SHELLFISH	WHEAT	FRIED****
Grilled Salmon		X			X			X	
Shrimp Portofino			X		X	X	X	X	
Shrimp Scampi			X		X		X	X	
Lobster Ravioli	X		X		X		X	X	
Pasta di Mare			X		X		X	X	
Parmesan Crusted Sole	X	X	X		X			X	
Mahi-Mahi w/ Pesto Gnocchi		X			X	X		X	
Side - Mahi-Mahi		X			X				
Side - Grilled Salmon		X			X				

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CARNE	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS*	SHELLFISH	WHEAT	FRIED****
Grilled Pork Chop w/ Wild Mushroom Risotto			X		X			X	
Grilled Steak & Potatoes - Rosemary Butter			X		X			X	
Grilled Steak & Potatoes - Oreganata Sauce		X	X		X			X	
Lamb Shank w/ Butternut Mashed Potatoes			X		X			X	X
Osso Bucco w/ Butternut Mashed Potatoes			X		X			X	X
Porterhouse Steak			X		X				X

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PASTA	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS*	SHELLFISH	WHEAT	FRIED****
Butternut Asiago Tortellaci	X		X		X			X	
Pomodoro Tortellaci	X		X		X			X	
Mushroom Ravioli	X		X		X			X	
Carmela's Chicken			X		X			X	
Mama's Trio w/ Fettuccine Alfredo	X		X		X			X	
Penne Rustica			X		X		X	X	
Ratatouille			X		X			X	
Truffle Mac & Cheese			X		X			X	
Truffle Mac & Cheese add Prosciutto			X		X			X	
Eggplant Parmesan	X		X		X			X	
Mom's Ricotta Meatballs & Spaghetti w/ Pomodorina	X		X		X			X	
Mom's Ricotta Meatballs & Spaghetti w/ Bolognese	X		X		X			X	
Lasagna Bolognese	X		X		X			X	
Fettuccine Alfredo			X		X			X	
Fettuccine Alfredo w/ Chicken			X		X			X	
Fettuccine Alfredo w/ Shrimp			X		X		X	X	
Pasta Milano			X		X			X	
Sausage Rigatoni			X		X			X	
Spaghetti Bolognese			X		X			X	

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CREATE YOUR OWN PASTA	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS*	SHELLFISH	WHEAT	FRIED****
Spaghetti					X			X	
Capellini					X			X	
Penne					X			X	
Fettuccine					X			X	
Rigatoni					X			X	
Gluten-free Tagliatelle	X		X						
Imported Pomodorina					X				
Arrabbiata			X		X				
Bolognese			X		X			X	
Alfredo			X		X			X	
Pesto			X			X			
Vodka			X		X			X	
Garlic Olive Oil									
Roasted Garlic Cream Sauce			X		X			X	
Roasted Peppers					X				
Fresh Spinach					X				
Roasted Tomatoes					X				
Sun-Dried Tomatoes					X				
Roasted Garlic					X				
Roasted Mushrooms					X				
Fresh Mushrooms					X				
Seasonal Vegetables					X				
Shrimp					X		X		

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Italian Sausage					X				
Fresh Mozzarella			X						
Roasted Chicken					X				
Ricotta Meatballs	X		X		X			X	
Smoked Mozzarella			X						
DOLCE	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS*	SHELLFISH	WHEAT	FRIED****
Tiramisu	X		X		X	X		X	
New York Style Cheesecake	X		X	X	X	X		X	
Lemon Passion	X		X	X	X	X		X	
Gelato, Vanilla with Biscotti	X		X			X		X	
Decadent Chocolate Cake	X		X		X	X		X	
Sticky Toffee Pudding Cake	X		X		X	X		X	
Pumpkin Cheesecake	X		X	X	X	X		X	
Salted Caramel Gelato	X		X					X	
SANDWICH/ CALZONETTO	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS*	SHELLFISH	WHEAT	FRIED****
Chicken Parmesan Sandwich	X		X		X			X	X
Prosciutto Grilled Cheese Sandwich			X		X			X	
Caprese Sandwich			X		X	X		X	
Pepperoni Calzonetto			X					X	
Chicken Caesar Calzonetto	X	X	X		X			X	
Margherita Calzonetto			X		X			X	

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KIDS	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS*	SHELLFISH	WHEAT	FRIED****
Caesar Salad	X	X	X		X			X	
Fresh Green Salad					X			X	
Chicken Tenders w/ Broccoli	X		X		X			X	X
Chicken Tenders w/ Fries	X		X		X			X	X
Chicken Tenders w/ Salad (review salad allergens-Caesar & Fresh Greens)	X	X	X		X			X	X
Pepperoni Pizza			X		X			X	
Fettuccine Alfredo			X		X			X	
Grilled Chicken w/ Pasta Pomodorina Sauce					X			X	
Cheese Ravioli	X		X		X			X	
Spaghetti w/ Pomodorina Sauce			X		X			X	
Spaghetti w/ Meat Sauce			X		X			X	
Spaghetti & Meatball w/ Pomodorina Sauce	X		X		X			X	
Macaroni & Cheese			X		X			X	
Double Macaroni & Cheese			X		X			X	
Gelato, Vanilla			X						
Gelato, Vanilla with Biscottini			X			X		X	
SIDES	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS*	SHELLFISH	WHEAT	FRIED****
Crispy Brussel Sprouts - 4oz portion					X			X	X
Crispy Brussel Sprouts add Crispy Prosciutto - 4oz portion					X			X	X
Grilled Asparagus - 3 oz portion					X				
Broccoli - 3oz portion					X				
Butternut Squash Mashed Potatoes - 5oz			X		X			X	X
Pesto Gnocchi - 8 oz			X		X	X		X	

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BRUNCH	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS*	SHELLFISH	WHEAT	FRIED****
Yogurt Parfait			X		X	X			
Peach and Raspberry Bellini Pancakes			X		X			X	
Crème Brulee Oatmeal			X						
Sweet Berry French Toast	X		X		X			X	
Avocado Toast w/ Fried Eggs	X	X	X		X			X	X
Breakfast Americano	X		X		X			X	X
Eggs Benedict w/ Charred Lemon Hollandaise	X	X	X		X			X	X
Eggs Benedict w/Basil Pesto Hollandaise	X	X	X		X			X	X
Italian Biscuits and Gravy			X		X			X	
Porchetta Hash	X		X		X			X	
Mom's Ricotta Meatballs & Spaghetti - Pomodoro with Fried Eggs	X		X		X			X	
Mom's Ricotta Meatballs & Spaghetti - Bolognese with Fried Eggs	X		X		X			X	
Romano's Signature Porchetta Sandwich	X		X		X			X	X
Milanese Steak & Eggs	X		X		X			X	X
Side Tuscan Potatoes					X				
Side (2) Egg – cooked-to-order	X				X				
Side (2) Biscuits and Honey Butter			X		X			X	
Side of Toast-Brioche with Fig Jam					X			X	
Side of Bacon									

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HAPPY HOUR	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS*	SHELLFISH	WHEAT	FRIED****
Whipped Feta - Happy Hour			X		X			X	
Pepperoni Flatbread- Happy Hour			X		X			X	
Sausage and Peppers Flatbread - Happy Hour			X		X			X	
Margherita Flatbread - Happy Hour	X		X		X			X	
Hummus Plate - Happy Hour					X	X		X	
Toasted Ravioli - Happy Hour	X		X		X			X	X
Prosciutto Board - Happy Hour/ Main Menu			X		X			X	

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