



ROMANO'S  
*Macaroni*  
GRILL®

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ALLERGEN GUIDE

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The following information was designed to assist our Guests who have food allergies. Because of our reliance on suppliers for accurate information, the shared cooking and preparation areas in our kitchens, and the fact that our food is prepared to order we cannot fully eliminate the risk of cross-contamination or guarantee that any item is free of any allergen. The information below details common allergens and in which menu items they may be present. Neither Macaroni Grill, nor its affiliated entities, warrant or guarantee that the following guide will eliminate or prevent allergic reactions.

Before placing your order, please inform your server if a person in your party has a food allergy.

<b>ANTIPASTI</b>	<b>EGGS***</b>	<b>FISH</b>	<b>MILK</b>	<b>PEANUTS</b>	<b>SOY**</b>	<b>TREE NUTS*</b>	<b>SHELLFISH</b>	<b>WHEAT</b>	<b>FRIED****</b>
Calamari Fritti	X		X		X		X	X	X
Caprese Salad			X						
Stuffed Mushrooms			X		X			X	
Spinach + Artichoke Dip			X		X			X	
Spinach + Artichoke Dip w/Shrimp			X		X		X	X	
Crispy Brussels Sprouts					X				X
Crispy Brussels Sprouts w/Crispy Prosciutto					X				X
Signature Mac + Cheese Bites	X		X		X			X	X
Bruschetta			X		X			X	
Crispy Fresh Mozzarella	X		X		X			X	X
<b>SOUPS</b>	<b>EGGS***</b>	<b>FISH</b>	<b>MILK</b>	<b>PEANUTS</b>	<b>SOY**</b>	<b>TREE NUTS*</b>	<b>SHELLFISH</b>	<b>WHEAT</b>	<b>FRIED****</b>
Tomato Basil					X				
Lobster Bisque		X	X		X		X	X	

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<b>SALADS</b>	<b>EGGS***</b>	<b>FISH</b>	<b>MILK</b>	<b>PEANUTS</b>	<b>SOY**</b>	<b>TREE NUTS*</b>	<b>SHELLFISH</b>	<b>WHEAT</b>	<b>FRIED****</b>
Italian Chopped		X	X		X			X	
Bibb + Bleu	X		X		X	X		X	X
Bibb + Bleu w/Chicken	X		X		X	X		X	X
Bibb + Bleu w/Shrimp	X		X		X	X	X	X	X
Bibb + Bleu w/Salmon	X	X	X		X	X		X	X
Parmesan-Crusted Chicken	X		X		X			X	X
Rosa's Signature Caesar	X	X	X		X			X	
Rosa's Signature Caesar w/Chicken	X	X	X		X			X	
Rosa's Signature Caesar w/Shrimp	X	X	X		X		X	X	
Rosa's Signature Caesar w/Salmon	X	X	X		X			X	
Fresh Greens					X			X	
<b>SANDWICHES</b>	<b>EGGS***</b>	<b>FISH</b>	<b>MILK</b>	<b>PEANUTS</b>	<b>SOY**</b>	<b>TREE NUTS*</b>	<b>SHELLFISH</b>	<b>WHEAT</b>	<b>FRIED****</b>
Chicken Parmesan (Boxed Lunch)	X		X		X			X	
Italian Pesto Caprese (Boxed Lunch)			X		X			X	
Roasted Chicken Caesar (Boxed Lunch)	X	X	X		X			X	
Meatball (Boxed Lunch)	X		X		X			X	

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<b>LAND + SEA</b>	<b>EGGS***</b>	<b>FISH</b>	<b>MILK</b>	<b>PEANUTS</b>	<b>SOY**</b>	<b>TREE NUTS*</b>	<b>SHELLFISH</b>	<b>WHEAT</b>	<b>FRIED****</b>
Chicken Scaloppine			X		X			X	
Chicken Parmesan	X		X		X			X	
Pollo Caprese			X		X			X	
Chicken Marsala			X		X			X	
Grilled Salmon - Trofie Pasta		X			X			X	
Grilled Salmon - Orzo Pasta		X			X			X	
Shrimp Portofino			X		X	X	X	X	
Steak + Potatoes w/ Rosemary Butter			X		X				
Steak + Potatoes w/ Oreganata Sauce		X	X		X				
Braised Lamb Shank			X		X			X	
Buffalo Chicken Parmesan	X		X		X			X	
<b>SIDES</b>	<b>EGGS***</b>	<b>FISH</b>	<b>MILK</b>	<b>PEANUTS</b>	<b>SOY**</b>	<b>TREE NUTS*</b>	<b>SHELLFISH</b>	<b>WHEAT</b>	<b>FRIED****</b>
Side Parmesan Fries		X	X		X			X	X
Side Grilled Asparagus					X				
Side Buttermilk Mashed Potatoes			X		X				
Side Broccolini					X				
Side Crispy Brussels Sprouts									X
Sauteed Spinach			X		X				
Spinach + Sun-Dried Tomato Pasta			X		X			X	
Rosemary Peasant Bread					X			X	
Basil Pesto Pasta Salad (Boxed Lunch)			X		X			X	
<b>OFF THE GRILL</b>	<b>EGGS***</b>	<b>FISH</b>	<b>MILK</b>	<b>PEANUTS</b>	<b>SOY**</b>	<b>TREE NUTS*</b>	<b>SHELLFISH</b>	<b>WHEAT</b>	<b>FRIED****</b>
Grilled Sirloin		X			X				
Grilled Chicken					X				
Grilled Salmon		X			X				

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<b>PASTA</b>	<b>EGGS***</b>	<b>FISH</b>	<b>MILK</b>	<b>PEANUTS</b>	<b>SOY**</b>	<b>TREE NUTS*</b>	<b>SHELLFISH</b>	<b>WHEAT</b>	<b>FRIED****</b>
Butternut Tortellacci	X		X		X			X	
Pasta Milano			X		X			X	
Mushroom Ravioli	X		X		X			X	
Lasagna Bolognese	X		X		X			X	
Pomodoro Tortellacci	X		X		X			X	
Mama's Trio	X		X		X			X	
Signature Truffle Mac + Cheese			X		X			X	
Signature Truffle Mac + Cheese w/ Prosciutto			X		X			X	
Mom's Ricotta Meatballs + Spaghetti w/ Pomodorina	X		X		X			X	
Mom's Ricotta Meatballs + Spaghetti w/ Bolognese	X		X		X			X	
Fettuccine Alfredo			X		X			X	
Fettuccine Alfredo w/ Chicken			X		X			X	
Fettuccine Alfredo w/ Shrimp			X		X		X	X	
Penne Rustica			X		X		X	X	
Seafood Ravioli	X		X		X		X	X	
<b>CREATE YOUR OWN PASTA</b>	<b>EGGS***</b>	<b>FISH</b>	<b>MILK</b>	<b>PEANUTS</b>	<b>SOY**</b>	<b>TREE NUTS*</b>	<b>SHELLFISH</b>	<b>WHEAT</b>	<b>FRIED****</b>
Spaghetti					X			X	
Capellini					X			X	
Penne					X			X	
Fettuccine					X			X	
Rigatoni					X			X	
Gluten-Free Tagliatelle	X		X						

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Imported Pomodorina					X				
Arrabbiata			X		X				
Bolognese			X		X			X	
Alfredo			X		X			X	
Pesto			X						
Lemon Butter			X					X	
Garlic Olive Oil									
Roasted Garlic Cream Sauce			X		X				
Roasted Peppers					X				
Fresh Spinach					X				
Roasted Tomatoes					X				
Sun-Dried Tomatoes					X				
Roasted Garlic					X				
Broccolini					X				
Roasted Mushrooms					X				
Fresh Mushrooms					X				
Mediterranean Olives					X				
Asparagus					X				
Roasted Chicken					X				
Smoked Buffalo Mozzarella			X						
Fresh Mozzarella			X						
Prosciutto									
Grilled Salmon		X			X				
Shrimp					X		X		
Italian Sausage					X				
Meatballs	X		X		X			X	

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<b>KIDS</b>	<b>EGGS***</b>	<b>FISH</b>	<b>MILK</b>	<b>PEANUTS</b>	<b>SOY**</b>	<b>TREE NUTS*</b>	<b>SHELLFISH</b>	<b>WHEAT</b>	<b>FRIED****</b>
Spaghetti w/ Meatballs	X		X		X			X	
Macaroni + Cheese			X		X			X	
Cheese Ravioli	X		X		X			X	
Chicken Strips w/ Salad	X				X			X	X
Chicken Strips w/ Broccoli	X				X			X	X
Chicken Strips w/ Fries	X				X			X	X
<b>DOLCE</b>	<b>EGGS***</b>	<b>FISH</b>	<b>MILK</b>	<b>PEANUTS</b>	<b>SOY**</b>	<b>TREE NUTS*</b>	<b>SHELLFISH</b>	<b>WHEAT</b>	<b>FRIED****</b>
Romano's Cannoli	X		X		X			X	
Decadent Chocolate Cake	X		X		X	X		X	
Sticky Toffee Pudding Cake	X		X		X	X		X	
Tiramisu	X		X		X			X	
New York Style Cheesecake	X		X		X	X		X	
Lemon Passion	X		X	X	X	X		X	
Vanilla Bean Ice Cream	X		X						
Chocolate Chip Cookie	X		X		X			X	
<b>TAKE + BAKES</b>	<b>EGGS***</b>	<b>FISH</b>	<b>MILK</b>	<b>PEANUTS</b>	<b>SOY**</b>	<b>TREE NUTS*</b>	<b>SHELLFISH</b>	<b>WHEAT</b>	<b>FRIED****</b>
Lemon Garlic Mahi-Mahi with Fettuccine			X		X			X	
Cheese Ravioli Bake with Garlic Cream Sauce	X		X		X			X	
Lasagna Bolognese	X		X		X			X	
Breadsticks (dough ball)					X			X	

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<b>GROCERY MEAL KITS</b>	<b>EGGS***</b>	<b>FISH</b>	<b>MILK</b>	<b>PEANUTS</b>	<b>SOY**</b>	<b>TREE NUTS*</b>	<b>SHELLFISH</b>	<b>WHEAT</b>	<b>FRIED****</b>
Cioppino Kit		X			X		X		
Pepperoni Pizza Kit			X		X			X	
Sausage Pizza Kit			X		X			X	
Margherita Pizza Kit			X		X			X	
<b>GROCERY PANTRY ITEMS</b>	<b>EGGS***</b>	<b>FISH</b>	<b>MILK</b>	<b>PEANUTS</b>	<b>SOY**</b>	<b>TREE NUTS*</b>	<b>SHELLFISH</b>	<b>WHEAT</b>	<b>FRIED****</b>
Mahi Mahi Filet		X							
Porterhouse Steak (pack of 2)									
Lamb Tenderloin									
Mussels							X		
Scallops							X		
Risotto									
Gnocchi					X			X	
Mediterranean Olives									
Golden Peppadew Peppers									

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