

The following information was designed to assist our guests who have food allergies. Because of our reliance on suppliers for accurate information, the shared cooking and preparation areas in our kitchens, and the fact that our food is prepared to order we cannot fully eliminate the risk of cross-contamination or guarantee that any item is free of any allergen. The information below details common allergens and in which menu items they may be present. Neither Macaroni Grill, nor its affiliated entities, warrant or guarantee that the following guide will eliminate or prevent allergic reactions.

Before placing your order, please inform your server if a person in your party has a food allergy.

ANTIPASTI	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS	SHELLFISH	WHEAT
<i>Choose 2 Antipasti Menu</i>								
Mac & Cheese Bites, Truffle Dip	X		X		X			X
Baked Prosciutto & Mozzarella			X					X
Spicy Ricotta Meatballs	X		X		X			X
Bruschetta			X					X
Goat Cheese Peppadew Peppers	X		X		X			X
Loaded Fries			X		X			X
<i>Antipasti</i>								
Calamari Fritti	X	X	X		X			X
Portobello Fries	X	X	X		X			X
Crispy Fresh Mozzarella	X		X		X			X
Fried Artichokes	X				X			X
<i>Soups</i>								
Pomodorina Soup			X					
Minestrone					X			X
Roasted Mushroom			X		X			X
SALAD	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS	SHELLFISH	WHEAT
Parmesan Crusted Chicken	X		X		X			X
Caprese			X					X

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SALAD	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS	SHELLFISH	WHEAT
Entrée Rosa's Caesar	X	X	X		X			X
Entrée Rosa's Caesar w/Chicken	X	X	X		X			X
Entrée Rosa's Caesar w/Shrimp	X	X	X		X			X
Chicken Florentine	X	X	X	X	X	X	X	X
Entrée Bibb & Bleu	X		X	X	X	X		X
Entrée Bibb & Bleu w/Chicken	X		X	X	X	X		X
Entrée Bibb & Bleu w/Shrimp	X	X	X	X	X	X		X
Steak & Greens Salad		X	X		X			X
Side Bibb & Bleu	X		X	X	X	X		X
Side Rosa's Caesar Salad	X	X	X		X			X
Side Florentine Salad			X	X	X	X		X
Side Fresh Greens Salad					X			X
3 COURSE LUNCH	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS	SHELLFISH	WHEAT
Ravioli alla Vodka	X		X		X			X
Fettuccine Gorgonzola			X		X			X
Penne Arrabbiata			X		X			X
Sausage & Peppers Rigatoni			X		X			X
ARTISAN PIZZA	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS	SHELLFISH	WHEAT
Farmhouse	X		X		X			X
Margherita	X		X		X			X
Cheese	X		X		X			X
Pepperoni	X		X		X			X
Add Buffalo Mozzarella			X					
Add Smoked Buffalo Mozzarella			X					

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CHICKEN	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS	SHELLFISH	WHEAT
Chicken Marsala	X	X	X	X	X	X	X	X
Pollo Caprese			X		X			X
Chicken Under a Brick			X		X			
Chicken Scaloppine			X		X			X
Blackened Chicken Parmesan			X		X			X
Chicken Parmesan	X		X		X			X
SEAFOOD	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS	SHELLFISH	WHEAT
Parmesan-Crusted Sole	X	X	X	X	X	X	X	X
Sweet & Savory Salmon		X			X			X
Shrimp Portofino			X		X	X	X	X
Shrimp Scampi			X		X		X	X
Lobster Ravioli	X		X		X		X	X
Pasta di Mare			X		X		X	X
CARNE	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS	SHELLFISH	WHEAT
Rosemary Ribeye			X		X			
Fig Marsala Pork Chop	X	X	X	X	X	X	X	X
Grilled Lamb Chops	X	X	X	X	X	X	X	X
Grilled Steak & Potatoes		X	X		X			X
PASTA	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS	SHELLFISH	WHEAT
Butternut Asiago Tortellaci	X		X		X			X
Mushroom Ravioli	X		X		X			X
Carmela's Chicken			X		X			X
Mama's Trio w/ Fettuccine Alfredo	X		X		X			X
Penne Rustica			X		X		X	X

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PASTA	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS	SHELLFISH	WHEAT
Ratatouille			X		X			
Truffle Mac & Cheese			X		X			X
Truffle Mac & Cheese add Prosciutto			X		X			X
Pesto Folded Ravioli	X		X		X			X
Eggplant Parmesan	X		X		X			X
Mom's Ricotta Meatballs & Spaghetti w/ Pomodoro	X		X		X			X
Mom's Ricotta Meatballs & Spaghetti w/ Bolognese	X		X		X			X
Lasagna Bolognese	X		X		X			X
Fettuccine Alfredo			X					X
Fettuccine Alfredo w/ Chicken			X		X			X
Fettuccine Alfredo w/ Shrimp			X		X		X	X
Classic Italian Bake	X		X		X			X
DOLCE	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS	SHELLFISH	WHEAT
Tiramisu	X		X		X			X
New York Style Cheesecake	X		X	X	X	X		X
Lemon Passion	X		X	X	X	X		X
Gelato, Vanilla			X					
Homemade Chocolate Cake	X		X	X	X	X		X
KIDS	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS	SHELLFISH	WHEAT
Caesar Salad	X	X	X		X			X
Fresh Green Salad					X			X
Chicken Tenders w/ Broccolini	X		X		X			X
Chicken Tenders w/ Fries	X		X					X

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KIDS	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS	SHELLFISH	WHEAT
Chicken Tenders w/ Salad	X		X					X
Pepperoni Pizza	X		X		X			X
Fettuccine Alfredo			X					X
Grilled Chicken					X			X
Ravioli	X		X		X			X
Spaghetti w/ Pomodoro Sauce					X			X
Spaghetti w/ Meat Sauce			X		X			X
Spaghetti & Meatball w/ Pomodoro Sauce	X		X		X			X
Macaroni & Cheese			X		X			X
Double Macaroni & Cheese			X		X			X
Gelato, Vanilla			X					
PRONTO 7-7 / RKC LUNCH	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS	SHELLFISH	WHEAT
Spaghetti Verdi	X	X	X	X	X	X	X	X
Sausage Rigatoni			X		X			X
Baked Ravioli	X		X		X			X
Spaghetti Bolognese			X		X			X
Add Grilled Chicken								
Add Italian Sausage								
Add Shrimp							X	
Chicken Milanese Panzanella	X		X		X			X
Mediterranean Orzo Salad	X	X	X	X	X	X	X	X
Pronto Caesar Salad	X	X	X		X			X
Pronto Caesar Salad w/ Salmon Croutons	X	X	X		X			X

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PRONTO 7-7 / RKC LUNCH	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS	SHELLFISH	WHEAT
Pronto Caesar Salad w/ Chicken Tenders	X	X	X		X			X
Chicken Parmesan Sandwich	X		X		X			X
Prosciutto Grilled Cheese Sandwich			X		X			X
Italian Pulled Pork Sandwich	X		X		X			X
Caprese Sandwich			X		X			X
Pepperoni Calzonetto			X					X
Chicken Caesar Calzonetto			X		X			X
Margherita Calzonetto			X		X			X
Braised Beef Calzonetto			X		X			X
Chocolate Chip Cookies	X		X		X			X
Rosemary Peasant Bread					X			X
Side Caesar Salad	X	X	X		X			X
Side Fresh Greens Salad					X			X
Truffle Fries w/ Signature Ketchup		X	X		X			X
FAMILY MEAL	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS	SHELLFISH	WHEAT
FM Caesar Salad	X	X	X		X			X
FM Spaghetti w/ Pomodoro Sauce			X		X			X
FM Spaghetti w/ Meat Sauce			X		X			X
FM Ricotta Meatballs	X		X		X			X
FM Chicken Parmesan	X		X		X			X
FM Eggplant Parmesan	X		X					
FM Penne Rustica			X		X		X	X
*1 Family Meal = 4 servings. Nutritional are for 1 serving.								

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BRUNCH	EGGS***	FISH	MILK	PEANUTS	SOY**	TREE NUTS	SHELLFISH	WHEAT
Chicken Parmesan Eggs Benedict	X		X		X			X
Milanese Steak & Eggs	X		X		X			X
Nutella French Toast	X		X		X			X
Breakfast Americano	X		X		X			X
Farmhouse Skillet	X		X		X			X
Brisket Skillet	X		X		X			X
Bruschetta Skillet	X		X		X			X
Side of Toast								X
Side of Bacon								

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