

# ALLERGEN INFORMATION

Includes all dressings, sauces, sides & garnishes.  
Specified modifications free the dish from the allergen.

TAPAS & ANTIPASTI	GLUTEN-FREE	PEANUT-FREE	TREE NUT-FREE	EGG-FREE	DAIRY-FREE	FISH-FREE	SHELLFISH-FREE	SOY-FREE
Baked Prosciutto & Mozzarella	W/O BREAD	✓	✓	✓		✓	✓	
Bruschetta Crostini		✓	✓	✓		✓	✓	
Calamari Fritti								
Crispy Artichoke Potato Cakes								
Crispy Fresh Mozzarella								
Goat Cheese Peppadew Peppers		✓	✓			✓	✓	
Lobster-Stuffed Clams		✓	✓	W/O RED PEPPER AIOLI				
Mac & Cheese Bites								
Mediterranean Olives	W/O BREAD	✓	✓	✓	✓	✓	✓	W/O BREAD
Parmesan Fries								
Peasant Bread		✓	✓	✓	✓	✓	✓	
Pesto Shrimp & Avocado Crostini		✓		✓		✓		
Spicy Ricotta Meatballs		✓	✓			✓	✓	✓
Stuffed Mushrooms		W/O PARSLEY	W/O PARSLEY	W/O PARSLEY		W/O PARSLEY	W/O PARSLEY	W/O PARSLEY
Zucchini Fritti								
SOUPS	GLUTEN-FREE	PEANUT-FREE	TREE NUT-FREE	EGG-FREE	DAIRY-FREE	FISH-FREE	SHELLFISH-FREE	SOY-FREE
Lentil Soup	✓	✓	✓	✓		✓	✓	✓
Pomodorina Soup	W/O CROSTINI	✓	W/O PESTO	✓		✓	✓	W/O CROSTINI
Roasted Mushroom Soup		W/O CRISPY ONIONS	W/O CRISPY ONIONS	W/O CRISPY ONIONS		W/O CRISPY ONIONS	W/O CRISPY ONIONS	
Sausage & Kale Soup		✓	✓	✓		✓	✓	
PANTRY	GLUTEN-FREE	PEANUT-FREE	TREE NUT-FREE	EGG-FREE	DAIRY-FREE	FISH-FREE	SHELLFISH-FREE	SOY-FREE
Bibb & Blue	W/O CRISPY ONIONS	W/O CRISPY ONIONS	W/O CRISPY ONIONS & WALNUTS			W/O CRISPY ONIONS	W/O CRISPY ONIONS	
Caesar Salad	W/O CROUTONS & BREADSTICK	✓	✓				✓	
Caprese Salad	✓	✓	✓	✓		✓	✓	✓
Fresh Greens Salad	W/O CROUTONS	✓	✓	✓	✓	✓	✓	
Market Chop	W/O BREADSTICK	✓	✓	✓		✓	✓	
Parmesan-Crusted Chicken								
Salad Sampler		W/O CRISPY ONIONS	W/O CRISPY ONIONS & WALNUTS				W/O CRISPY ONIONS	
Warm Spinach & Shrimp Salad	✓	✓	W/O PINE NUTS	✓	W/O PARMESAN	✓		

## SALAD DRESSINGS

	GLUTEN-FREE	PEANUT-FREE	TREE NUT-FREE	EGG-FREE	DAIRY-FREE	FISH-FREE	SHELLFISH-FREE	SOY-FREE
Balsamic Vinaigrette	✓	✓	✓	✓	✓	✓	✓	
Caesar	✓	✓	✓				✓	
Mediterranean Vinaigrette	✓	✓	✓	✓	✓	✓	✓	
Parmesan Peppercorn Ranch	✓	✓	✓			✓	✓	

## PIZZA & FLATBREAD

	GLUTEN-FREE	PEANUT-FREE	TREE NUT-FREE	EGG-FREE	DAIRY-FREE	FISH-FREE	SHELLFISH-FREE	SOY-FREE
Italian Sausage Pizza		✓	✓	✓		✓	✓	✓
Margherita Pizza		✓	✓	✓		✓	✓	✓
Primo Pepperoni Pizza		✓	✓	✓		✓	✓	✓
Roasted Chicken & Arugula Flatbread		✓		✓		✓	✓	
Wild Mushroom & Goat Cheese Flatbread		✓	✓	✓		✓	✓	✓

## COMBINATIONS

	GLUTEN-FREE	PEANUT-FREE	TREE NUT-FREE	EGG-FREE	DAIRY-FREE	FISH-FREE	SHELLFISH-FREE	SOY-FREE
Caesar Salad	W/O CROUTONS	✓	✓				✓	
Fresh Greens Salad	W/O CROUTONS	✓	✓	✓	✓	✓	✓	
Market Chop Salad		✓	✓	✓		✓	✓	
Lentil Soup	✓	✓	✓	✓		✓	✓	✓
Pomodorina Soup	W/O CROSTINI	✓	W/O PESTO	✓		✓	✓	W/O CROSTINI
Roasted Mushroom Soup		W/O CRISPY ONIONS	W/O CRISPY ONIONS	W/O CRISPY ONIONS		W/O CRISPY ONIONS	W/O CRISPY ONIONS	
Sausage & Kale Soup		✓	✓	✓		✓	✓	
Capellini Pomodoro	W/ GLUTEN-FREE PENNE	✓	✓	✓	✓	✓	✓	✓
Carmela's Chicken	W/ GLUTEN-FREE PENNE	✓	✓	✓		✓	✓	
Whole Wheat Fettuccine		✓	✓			✓	✓	
Caprese Panini		✓	W/O PESTO	✓		✓	✓	
Roasted Turkey Sandwich		✓	✓	W/O AIOLI		✓	✓	

## ARTISAN SANDWICHES

	GLUTEN-FREE	PEANUT-FREE	TREE NUT-FREE	EGG-FREE	DAIRY-FREE	FISH-FREE	SHELLFISH-FREE	SOY-FREE
Caprese Panini		✓	W/O PESTO	✓		✓	✓	
Ricotta Meatball Sliders		✓	✓			✓	✓	
Roasted Turkey		✓	✓	W/O AIOLI		✓	✓	

## FRESH PASTA

	GLUTEN-FREE	PEANUT-FREE	TREE NUT-FREE	EGG-FREE	DAIRY-FREE	FISH-FREE	SHELLFISH-FREE	SOY-FREE
Carbonara	W/ GLUTEN-FREE PENNE	✓	✓			✓	✓	✓
Eggplant Quadratini		✓	✓			✓	✓	✓
Lobster Ravioli		✓	✓					
Mushroom Ravioli		✓	✓			✓	✓	✓
Pasta di Mare	W/ GLUTEN-FREE PENNE	✓	✓			✓		✓
Whole Wheat Fettuccine		✓	✓			✓	✓	

## CLASSICS

	GLUTEN-FREE	PEANUT-FREE	TREE NUT-FREE	EGG-FREE	DAIRY-FREE	FISH-FREE	SHELLFISH-FREE	SOY-FREE
Carmela's Chicken	W/ GLUTEN-FREE PENNE	✓	✓	✓		✓	✓	
Chicken & Mushroom Cannelloni		✓				✓	✓	
Eggplant Parmesan		✓	✓			✓	✓	✓
Fettuccine Alfredo	W/ GLUTEN-FREE PENNE	✓	✓	✓		✓	✓	✓
Lasagna Bolognese		✓	✓			✓	✓	
Mama's Trio		✓				✓	✓	
Mom's Ricotta Meatballs & Spaghetti w/Bolognese		✓	✓			✓	✓	
Mom's Ricotta Meatballs & Spaghetti w/Pomodoro		✓	✓			✓	✓	✓
Pasta Milano	W/ GLUTEN-FREE PENNE	✓	✓	✓		✓	✓	
Penne Rustica	W/ GLUTEN-FREE PENNE	✓	✓	✓		✓		
Shrimp Portofino	W/ GLUTEN-FREE PENNE; W/O BREADCRUMBS	✓	W/O PINE NUTS	✓		✓		✓



<b>SIDES</b>	<b>GLUTEN-FREE</b>	<b>PEANUT-FREE</b>	<b>TREE NUT-FREE</b>	<b>EGG-FREE</b>	<b>DAIRY-FREE</b>	<b>FISH-FREE</b>	<b>SHELLFISH-FREE</b>	<b>SOY-FREE</b>
Bibb & Blue	W/O CRISPY ONIONS	W/O CRISPY ONIONS	W/O CRISPY ONIONS & WALNUTS			W/O CRISPY ONIONS	W/O CRISPY ONIONS	
Broccoli		✓	✓	✓	✓	✓	✓	✓
Caesar Salad	W/O CROUTONS	✓	✓				✓	
Fresh Greens Salad	W/O CROUTONS	✓	✓	✓	✓	✓	✓	
Grilled Asparagus	✓	✓	✓	✓	✓	✓	✓	✓
Mushroom Risotto		✓	✓			✓	✓	
Roasted Potatoes		✓	✓	✓		✓	✓	✓
Roasted Vegetables		✓	✓	✓		✓	✓	✓
Spinach & Garlic	✓	✓	✓	✓	✓	✓	✓	✓
Sun-Dried Tomato Orzo		✓	✓			✓	✓	
<b>KIDS</b>	<b>GLUTEN-FREE</b>	<b>PEANUT-FREE</b>	<b>TREE NUT-FREE</b>	<b>EGG-FREE</b>	<b>DAIRY-FREE</b>	<b>FISH-FREE</b>	<b>SHELLFISH-FREE</b>	<b>SOY-FREE</b>
Chicken Strips								
Crisp Salad	W/O CROUTONS	✓	✓	W/O RANCH DRESSING	W/O RANCH DRESSING	✓	✓	
Fettuccine Alfredo	W/GLUTEN-FREE PENNE	✓	✓	✓		✓	✓	✓
Grilled Chicken & Broccoli	W/GLUTEN-FREE PENNE	✓	✓	✓	✓	✓	✓	✓
Mac & Cheese	W/GLUTEN-FREE PENNE	✓	✓	✓		✓	✓	✓
Pepperoni Pizza		✓	✓	✓		✓	✓	✓
Spaghetti & Meat Sauce		✓	✓			✓	✓	
Spaghetti & Meatballs		✓	✓			✓	✓	
Spaghetti & Pomodoro	W/GLUTEN-FREE PENNE	✓	✓			✓	✓	✓
Side of Broccoli	✓	✓	✓	✓	✓	✓	✓	✓
Side of Fries								
<b>DOLCE</b>	<b>GLUTEN-FREE</b>	<b>PEANUT-FREE</b>	<b>TREE NUT-FREE</b>	<b>EGG-FREE</b>	<b>DAIRY-FREE</b>	<b>FISH-FREE</b>	<b>SHELLFISH-FREE</b>	<b>SOY-FREE</b>
Gelato: Dark Chocolate	W/O BISCOTTI			W/O BISCOTTI		✓	✓	✓
Gelato: Double Vanilla	W/O BISCOTTI			W/O BISCOTTI		✓	✓	✓
Homemade Chocolate Cake						✓	✓	
Lemon Passion						✓	✓	
New York Style Cheesecake						✓	✓	
Quattro Cannoli						✓	✓	
Sorbet: White Peach	✓	✓	✓	✓	✓	✓	✓	✓
Tiramisu						✓	✓	✓
Warm Berry Torta						✓	✓	

Last Updated on 04/30/2012

Prior to placing an order, please alert the manager to your food allergy or special needs. This suggested list of menu options is based on the most current ingredient information from our food suppliers and their stated absence of the listed allergens. Please be aware that during normal kitchen operations involving shared cooking and preparation areas the possibility exists for food items to come into contact with other food products. Due to these circumstances, we are unable to guarantee that any entrée or menu item can be completely free of allergens.

At Romano's Macaroni Grill, a top priority is the health and safety of our guests. Every effort is made to keep this information current. However, it is possible that ingredient changes and substitutions may occur due to the differences in regional suppliers, recipe revisions, preparation techniques, and/or the season of the year. Certain menu items may vary from restaurant to restaurant and may not be available at all locations. Limited time offers, test products, or regional items have not been included in the menus.